

Catholic Prayers

Sign of the Cross

In the name of the Father
and of the Son
and of the Holy Spirit. Amen.

Our Father

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is
in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass
against us,
and lead us not into temptation,
but deliver us from evil.

Hail Mary

Hail, Mary, full of grace,
the Lord is with thee.
Blessed art thou among women
and blessed is the fruit of thy
womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

Glory Be (Doxology)

Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning
is now, and ever shall be
world without end. Amen.

The Apostles' Creed

I believe in God the Father
Almighty, Creator of heaven and earth.
And in Jesus Christ, His only Son,
Our Lord, Who was conceived by
the Holy Spirit,
born of the Virgin Mary, suffered
under Pontius Pilate,
was crucified, died, and was buried.
He descended into hell; the third day
He rose again from the dead;
He ascended into heaven, and sits
at the right hand of God the
Father almighty, from thence He
Shall come to judge the living and
the dead.
I believe in the Holy Spirit, the holy
Catholic Church, the communion of
saints, the forgiveness of sins,
the resurrection of the body and
life everlasting. Amen.

Morning Offering

O Jesus, through the Immaculate
Heart of Mary,
I offer you my prayers, works, joys
and sufferings of this day
for all the intentions of your Sacred
Heart,
in union with the Holy Sacrifice of
the Mass throughout the world,
for the salvation of souls, the
reparation for sins, the reunion of
all Christians,
and in particular for the intentions of the
Holy Father this month. Amen.

The Nicene Creed

I believe in one God, the Father the Almighty, maker of heaven and earth, of all that is, seen and unseen.

I believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, one in Being with the Father. Through Him all things were made. For us men and for our salvation, He came down from heaven: by the power of the Holy Spirit He was born of the Virgin Mary, and became Man. For our sake He was crucified under Pontius Pilate; He suffered, died, and was buried.

On the third day He rose again in fulfillment of the Scriptures; He ascended into heaven, and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His Kingdom will have no end.

I believe in the Holy Spirit, the Lord, the Giver of life, Who proceeds from the Father and the Son. With the Father and the Son He is worshiped and glorified. He has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I acknowledge one Baptism for the forgiveness of sins. I look for the resurrection of the dead, and the life of the world to come. Amen.

Act of Faith

O my God, I firmly believe that you are one God in three divine Persons, Father, Son, and Holy Spirit. I believe that your divine Son became man and died for our sins and that he will come to judge the living and the dead. I believe these and all truths which the Holy Catholic Church teaches because you have revealed them who are eternal truth and wisdom, who can neither deceive nor be deceived. In this faith I intend to live and die. Amen.

Act of Hope

O Lord God, I hope by your grace for the pardon of all my sins and after life here to gain eternal happiness because you have promised it who are infinitely powerful, faithful, kind, and merciful. In this hope I intend to live and die. Amen.

Act of Love

O Lord God, I love you above all things and I love my neighbor for your sake because you are the highest, infinite and perfect good, worthy of all my love. In this love I intend to live and die. Amen.

Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired by this confidence I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Angelus

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee.

Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

V. Behold the handmaid of the Lord.

R. Be it done unto me according to thy word.

Hail Mary.

V. And the word was made flesh.

R. And dwelt among us.

Hail Mary.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech thee, O Lord, thy grace into our hearts; that we, to whom the Incarnation of Christ, thy Son, was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection.

Through the same Christ, our Lord.

Amen.

Act of Contrition

O my God, I am heartily sorry for having offended you, and I detest all my sins because of Your just punishments, but most of all because they offend You, my God, who are all good and deserving of all my love. I firmly resolve with the help of Your grace to sin no more and to avoid the near occasion of sin. Amen.

Prayer for Peace (St. Francis of Assisi)

Lord, make me an instrument of your peace.

Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy.

Grant that I may not so much seek to be consoled as to console, to be understood as to understand, to be loved as to love; for it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life.

Prayer to One's Guardian Angel

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen.